"MARATHON RUN" - CELEBRATING OMFS DAY

<u>Learning Outcome</u>: To create awareness among the general public on road safety and the needs to follow traffic rules.

Venue: Beasant Nagar Beach, Chennai.

Short Report:

Road traffic injury is the 7th leading cause of disability and early death (Disability adjusted life years - DALY's) as per the Disease burden profile of Tamilnadu 2016. Growth of traffic on roads is about 7-10% per annum, while the vehicle population growth on road is about 12% per annum as per the article on Road accidents and road safety measures - analysis by Tamilnadu Statistics Unit, Transport Commissioner Office in 2018.

We, the Faciomaxillary Surgeons see patients affected with injuries to the facial region following road traffic accidents everyday in our practice in hospitals. The sufferings of the patients and their relatives undergo is very painful.

Association of Oral & Maxillofacial Surgeons of India is celebrating the Oral & Maxillofacial Surgeons Day on 13th February of every year since 2015. Every year a theme is selected and awareness on the theme is created through lectures, talks, programs, act playing and marathon as a part of celebrations on the Oral & Maxillofacial Surgeons Day.

In this context, we from the Department of Oral & Maxillofacial Surgery, Tagore Dental College & Hospital organized a "Tagore's OMFS Marathon" on 9th February 2019 (Saturday at 6.00am) to create awareness about Road safety and the need to follow traffic rules.

"Tagore's OMFS Marathon" was planned to be run in three categories as 2Kilometers (Kids of 6 – 14 years of age), 5Kilometeres (youngster – 14 to 18 years, 19 to 39 years, 40 years and above) and 10Kilometers (open). The 3 different categories was conceptualized to include people of all age group to be involved in the awareness "Tagore's OMFS Marathon", so that the message of road safety can be taken to our community people from all walks of life.

Dr.C.Sylendra Babu IPS, ADGP, Railways (GRP) was the Honorable Chief Guest of the program to flag off the "Tagore's OMFS Marathon". Dr.C.Sylendra Babu sir, also participated actively in this marathon along with his colleagues in the 5Kilometers category to enthuse interest in to the hearts of all participants.

The official partners for the event were Real Sports, Zebronics and Barbarianz. The event management & logistics for the run was taken care by the staff and students of Tagore Dental College & Hospital. The run was well received by the general public, with a significant number of participants close to 600 registrations. Participants for the run were from Police department, Indian army, Indian navy, IT & Software professionals, doctors, medical specialists, undergraduate dental students and postgraduate students of Faciomaxillary Surgery and general public from various parts of Tamilnadu.

The Honourable Chief Guest & Prof.Dr.M.Mala, Chairperson, Tagore Group of Institutions honoured the winners of "Tagore's OMFS Marathon" of different categories with cash prize for 1st and 2nd place, both for men and women. Cash prize (1st and 2nd place, both for men and women) were given along with 5.1 Home theatre system from Zebronics and a gift voucher from Barbarianz in the 10KM category. Cash prize (1st and 2nd place, both for men and women) were given along with Blue tooth head set from Zebronics and a gift voucher of from Barbarianz in the 5KM category. Cash prize (1st and 2nd place, both for boys and girls) were given along with a gift voucher from Barbarianz in the 2KM category.

The Honourable Chief Guest Dr.C.Sylendra Babu IPS, ADGP, Railways (GRP) was felicitated with shawl and memento by Dr.Chitraa R. Chandran, Principal, Tagore Dental College. The vote of thanks was given by Dr.S.Jimson, Vice-Principal(Research), Professor & Head, Department of Oral & Maxillofacial Surgery, Tagore Dental College who was the Organizing Chairman of the awareness event "Tagore's OMFS Marathon".